Group 4

Presenter: Capt Jim Sutphen, PA-C (Thule AB, Greenland)

Team Members:

Maj Sharon Bailey, Randolph, AFB, TX

TSgt Edith Fields, Spangdahlem AB, GE

SSgt Sterling Seay, Brooks AFB, TX

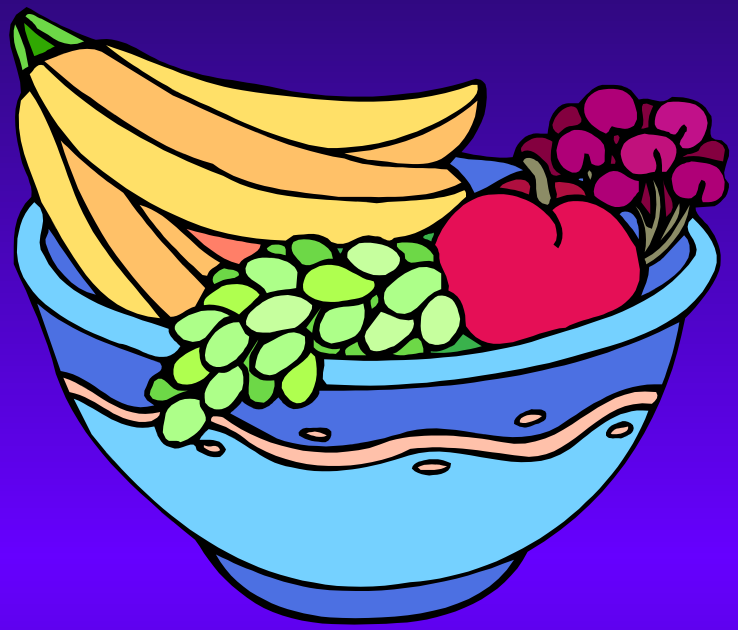
GOAL:
Increase the number of diabetics on Randolph that engage in healthy lifestyle behaviors.

RATIONALE

731 MEMBERS IDENTIFED AS DIABETICS ACCORDING TO FEB 2004 DMIS REPORT

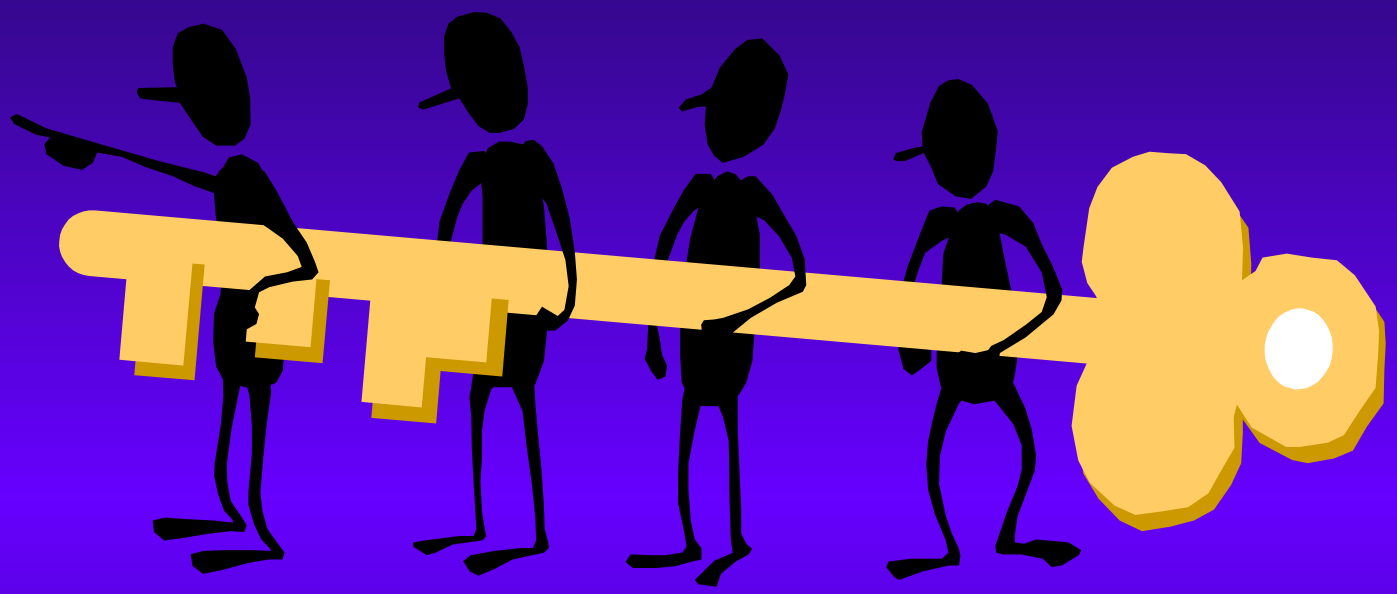
OBJECTIVES

1.Increase the number of diabetics on Randolph exercising on a regular program developed for them.



2. Increase number of diabetics following a nutritionally sound diet developed for their special needs.

3. Have the medical management team of the diabetic population on Randolph complete a comprehensive evaluation using the CPGs.



The Key is Team Work